

7 Steps to Personal Peace (Psalm 37)

by Dr. Ron Jenson

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*Psalm 37: 1-7 (NLT) Don't worry about the wicked. Don't envy those who do wrong. For like grass, they soon fade away. Like springtime flowers, they soon wither. **Trust** in the Lord and **do good**. Then you will live safely in the land and prosper. Take **delight** in the Lord, and He will give you your heart's desires. **Commit** everything you do to the Lord. **Trust** Him, and He will help you. He will make your innocence as clear as the dawn, and the justice of your cause will shine like the noonday sun. Be still in the presence of the Lord, and **wait patiently** for Him to act. Don't worry about evil people who prosper or fret about their wicked schemes.*

1. Fret not (don't worry)
2. Trust in the Lord
3. Do good
4. Delight yourself in the Lord
5. Commit your way to the Lord
6. Rest in the Lord
7. Wait (eagerly) on the Lord



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